

INSTRUCTIONS TO PATIENTS RECEIVING ALLERGY INJECTIONS

NAME: _____ DOB: _____

For new patients beginning allergy immunotherapy, an initial supply of allergy extract will be prepared. When this supply has been used or has expired, we will inform you so that additional extract may be prepared.

I authorize The Allergy Station to order and prepare my allergy extract. I understand that unexpected reactions or interruptions in my injection schedule may result in the expiration of certain vials, causing them to be remade. With this knowledge, I request the vials be ordered and prepared for me and I consent to any necessary treatment required in the event of an injection reaction. At a minimum, you will need to have a consultation AT LEAST ONCE A YEAR, so that new extract can be ordered, and your medication can be refilled.

The following guidelines are very important for the safe and effective administration of allergy desensitization treatment and should be followed carefully.

1. Any injection can cause a reaction of (increased) wheezing, hives, nasal congestion, runny nose, vomiting or significantly increased shortness of breath. If this occurs as a result of an allergic injection, it will generally occur within two hours of the injection. If one of these reactions occurs, or if you feel that you have become ill as a result of an allergy injection, you must contact our office immediately. This can be done by calling our office at 916-238-6238. In addition, if this occurs, you must be seen before your next injection.
2. Any injection can cause a reaction of redness, swelling or pain on your arm where you received the injection. If this occurs the day of your injection, it is a normal reaction. If it lasts until the day after the injection, this should be reported to one of the nurses prior to your next injection.
3. **TO PATIENTS WITH HIGH BLOOD PRESSURE, GLAUCOMA, OR HEADACHE:** Please notify our office if your primary care physician gives you a drug called a beta blocker for control of your high blood pressure, glaucoma or headache.
4. **IF YOU HAVE BEEN STARTED ON ANY NEW MEDICINE/DRUG SINCE YOUR LAST VISIT, PLEASE INFORM US/THE ALLERGY STATION BEFORE YOUR INJECTION.**
5. If you are having any symptoms of being sick, please defer your allergy injections and schedule to see Dr. Miller before receiving an injection.
6. We recommend you wait in our office for 30 minutes after each injection in case there is a reaction.
7. Desensitization therapy generally takes at least 6-12 months before any benefit is noted. Improvement thereafter may be gradual.
8. If you are feeling well, you may receive your injections without waiting to see the physician. You will need to answer our health safety questions.
9. Optimum therapeutic results may require three to five years of desensitization therapy. Discontinuation of therapy earlier than this may result in a higher increase of recurrence.
10. **TO ALL OF OUR FEMALE PATIENTS:** Not all medication used in treatment of allergic diseases has been cleared for use during pregnancy. If you are planning on becoming pregnant, or are pregnant, please discuss medication use with your physician.
11. If you have any questions regarding your injections or your allergy symptoms, please call our office at any time and speak with Dr. Miller or staff. A physician is available 24 hours a day for consultation.
12. Vigorous exercise can accelerate an allergic reaction to the allergy immunotherapy. Please avoid any strenuous activity/exercise 2 hours before and after your injection.
13. Patients who are starting allergy immunotherapy injections must arrive no later than 1 hour prior to the closing of shot hours to receive their first injection.

PATIENT SIGNATURE: _____ DATE: _____